

Menus are subject to availability of ingredients and may revert back to packed lunches if it is deemed necessary



## Russell House

### Monday 16th November

Chicken & sweetcorn bake with vegetables (1)\*  
or jacket potato with beans, cheese (1)\* and/or tuna (4)\*

Cheese & biscuits (9)\* yoghurt (9)\*, jelly or strawberry cupcakes (1, 7)\*

### Tuesday 17th November

Ham & tomato pizza with potato wedges and vegetables (1, 8, 9)\*  
or jacket potato with beans, cheese (1)\* and/or vegetable chilli

Cheese & biscuits (9)\* yoghurt (9)\*, jelly or Belgian cinnamon waffles (1, 7, 12)\*

### Wednesday 18th November

Beef bolognese tacos with salad and coleslaw (7)\*  
or jacket potato with beans, cheese (1)\* and/or vegetable bolognese

Cheese & biscuits (9)\* yoghurt (9)\*, jelly or rice krispie cakes

### Thursday 19th November

Chicken curry with rice and vegetables (1, 10)\*  
or jacket potato with beans, cheese (1)\* and/or vegetable curry

Cheese & biscuits (9)\* yoghurt (9)\* or orange & lime jelly

### Friday 20th November

Fish fingers with chips and beans (1, 4)\*  
or jacket potato with beans, cheese (1)\* and/or tuna (4)\*

Cheese & biscuits (9)\* yoghurt (9)\*, jelly or chocolate slice (1, 7)\*

**Everyday - fresh baked bread, drinking water, mixed salad**

\* Allergen Key

1. Cereals containing gluten, 2. Crustaceans, 3. Molluscs, 4. Fish, 5. Peanuts, 6. Nuts, 7. Eggs, 8. Soybeans, 9. Milk, 10. Celery, 11. Mustard, 12. Lupin, 13. Sesame, 14. Sulphur dioxide