

Menus are subject to availability of ingredients and may revert back to packed lunches if it is deemed necessary



## Russell House

### Monday 23rd November

Herby roast chicken with roast potatoes and vegetables  
or jacket potato with beans, cheese (1)\* and/or tuna (4)\*

Cheese & biscuits (9)\* yoghurt (9)\*, jelly or lemon pots (1, 9)\*

### Tuesday 24th November

Pepperoni mac 'n' cheese bake with vegetables (1, 9, 11)\*  
or jacket potato with beans, cheese (1)\* and/or mac 'n' cheese

Cheese & biscuits (9)\* yoghurt (9)\*, jelly or strawberry mousse (9)

### Wednesday 25th November

Chicken and sweetcorn pinwheels with mashed potatoes and vegetables (1, 9)\*  
or jacket potato with beans, cheese (1)\* and/or stir fried vegetables

Cheese & biscuits (9)\* yoghurt (9)\*, jelly or pancakes (1, 7, 14)\*

### Thursday 26th November

Spaghetti bolognese with vegetables (1)\*  
or jacket potato with beans, cheese (1)\* and/or vegetable bolognese

Cheese & biscuits (9)\* yoghurt (9)\*, jelly or jam puffs (1, 7)\*

### Friday 27th November

Fish and chips with peas (4)\*  
or jacket potato with beans, cheese (1)\* and/or tuna (4)\*

Cheese & biscuits (9)\* yoghurt (9)\*, jelly or mandarin sponge (1, 7)\*

**Everyday - fresh baked bread, drinking water, mixed salad**

\* Allergen Key

1. Cereals containing gluten, 2. Crustaceans, 3. Molluscs, 4. Fish, 5. Peanuts, 6. Nuts, 7. Eggs, 8. Soybeans, 9. Milk, 10. Celery, 11. Mustard, 12. Lupin, 13. Sesame, 14. Sulphur dioxide