

Menus are subject to availability of ingredients and may revert back to packed lunches if it is deemed necessary



Russell House

Monday 1st February

Chinese style chicken with rice, vegetables and prawn crackers (1, 2, 8)*
or jacket potato with beans, cheese (1)* and/or tuna (4)*

Cheese & biscuits (9)* yoghurt (9)*, selection of cakes & puddings

Tuesday 2nd February

BBQ chicken with sweet potato wedges and vegetables (10, 14)*
or jacket potato with beans, cheese (1)* and/or bbq vegetables

Cheese & biscuits (9)* yoghurt (9)*, selection of cakes & puddings

Wednesday 3rd February

Sausage pinwheels with wedges and vegetables (1, 8)*
or jacket potato with beans, cheese (1)* and/or vegetable bolognese

Cheese & biscuits (9)* yoghurt (9)*, selection of cakes & puddings

Thursday 4th February

Chilli beef tacos with rice and coleslaw (1, 9, 11)*
or jacket potato with beans, cheese (1)* and/or vegetable chilli

Cheese & biscuits (9)* yoghurt (9)*, selection of cakes & puddings

Friday 5th February

Breaded cod, fish & chips with beans and peas (4)*
or jacket potato with beans, cheese (1)* and/or tuna (4)*

Cheese & biscuits (9)* yoghurt (9)*, selection of cakes & puddings

Everyday - fresh baked bread, drinking water, mixed salad

* Allergen Key

1. Cereals containing gluten, 2. Crustaceans, 3. Molluscs, 4. Fish, 5. Peanuts, 6. Nuts, 7. Eggs, 8. Soybeans, 9. Milk, 10. Celery, 11. Mustard, 12. Lupin, 13. Sesame, 14. Sulphur dioxide