

Menus are subject to availability of ingredients and may revert back to packed lunches if it is deemed necessary



Russell House

Monday 15th March

Chinese style chicken with rice, vegetables and prawn crackers (1, 2, 8)*
or jacket potato with beans, cheese (1)* and/or tuna (4)*

Cheese & biscuits (9)* yoghurt (9)*, selection of cakes & puddings

Tuesday 16th March

BBQ chicken with sweet potato wedges and vegetables (10, 14)*
or jacket potato with beans, cheese (1)* and/or bbq vegetables

Cheese & biscuits (9)* yoghurt (9)*, selection of cakes & puddings

Wednesday 17th March

Sausage pinwheels with wedges and vegetables (1, 8)*
or jacket potato with beans, cheese (1)* and/or vegetable bolognese

Cheese & biscuits (9)* yoghurt (9)*, selection of cakes & puddings

Thursday 18th March

Chilli beef tacos with rice and coleslaw (1, 9, 11)*
or jacket potato with beans, cheese (1)* and/or vegetable chilli

Cheese & biscuits (9)* yoghurt (9)*, selection of cakes & puddings

Friday 19th March

Breaded cod, fish & chips with beans and peas (4)*
or jacket potato with beans, cheese (1)* and/or tuna (4)*

Cheese & biscuits (9)* yoghurt (9)*, selection of cakes & puddings

Everyday - fresh baked bread, drinking water, mixed salad

* Allergen Key

1. Cereals containing gluten, 2. Crustaceans, 3. Molluscs, 4. Fish, 5. Peanuts, 6. Nuts, 7. Eggs, 8. Soybeans, 9. Milk, 10. Celery, 11. Mustard, 12. Lupin, 13. Sesame, 14. Sulphur dioxide