

Menus are subject to availability of ingredients



Russell House

Monday 5th July

Chicken goujons with cheesy mashed potato, fresh vegetables or beans (1, 7)*
or jacket potato with beans, cheese (1)* and/or tuna (4)*

Cheese & biscuits (9)* yoghurt (9)*, selection of cakes & puddings

Tuesday 6th July

Pulled pork bbq wraps with salad & coleslaw (1, 14)*
or jacket potato with beans, cheese (1)* and/or bbq vegetables

Cheese & biscuits (9)* yoghurt (9)*, selection of cakes & puddings

Wednesday 7th July

Shepherd's pie with vegetables (10)*
or jacket potato with beans, cheese (1)* and/or vegetable bolognese

Cheese & biscuits (9)* yoghurt (9)*, selection of cakes & puddings

Thursday 8th July

Mac 'n' cheese with bacon & leeks with vegetables (1, 9, 11)*
or jacket potato with beans, cheese (1)* and/or vegetable chilli

Cheese & biscuits (9)* yoghurt (9)*, selection of cakes & puddings

Friday 9th July

Fish, chips with beans & peas (4)*
or jacket potato with beans, cheese (1)* and/or tuna (4)*

Cheese & biscuits (9)* yoghurt (9)*, selection of cakes & puddings

Everyday - fresh baked bread, drinking water, mixed salad

* Allergen Key

1. Cereals containing gluten, 2. Crustaceans, 3. Molluscs, 4. Fish, 5. Peanuts, 6. Nuts, 7. Eggs, 8. Soybeans, 9. Milk, 10. Celery, 11. Mustard, 12. Lupin, 13. Sesame, 14. Sulphur dioxide