

Menus are subject to availability of ingredients



Russell House

Monday 28th June

Chinese style chicken with rice, vegetables and prawn crackers (1, 2, 8)*
or jacket potato with beans, cheese (1)* and/or tuna (4)*

Cheese & biscuits (9)* yoghurt (9)*, selection of cakes & puddings

Tuesday 29th June

BBQ chicken with sweet potato wedges and vegetables (10, 14)*
or jacket potato with beans, cheese (1)* and/or bbq vegetables

Cheese & biscuits (9)* yoghurt (9)*, selection of cakes & puddings

Wednesday 30th June

Sausage pinwheels with wedges and vegetables (1, 8)*
or jacket potato with beans, cheese (1)* and/or vegetable bolognese

Cheese & biscuits (9)* yoghurt (9)*, selection of cakes & puddings

Thursday 1st July

Chilli beef tacos with rice and coleslaw (1, 9, 11)*
or jacket potato with beans, cheese (1)* and/or vegetable chilli

Cheese & biscuits (9)* yoghurt (9)*, selection of cakes & puddings

Friday 2nd July

Ham & tomato pizza (1)* with chips, and peas (4)*
or jacket potato with beans, cheese (1)* and/or tuna (4)*

Cheese & biscuits (9)* yoghurt (9)*, selection of cakes & puddings

Everyday - fresh baked bread, drinking water, mixed salad

* Allergen Key

1. Cereals containing gluten, 2. Crustaceans, 3. Molluscs, 4. Fish, 5. Peanuts, 6. Nuts, 7. Eggs, 8. Soybeans, 9. Milk, 10. Celery, 11. Mustard, 12. Lupin, 13. Sesame, 14. Sulphur dioxide