



Russell House

Monday 13th December

Mild beef curry with rice and poppadoms (1) or tomato & basil pasta swirls (1)* both served with Vegetable bhaji and carrots or jacket potato with raw vegetables & salad

Sliced fruit or cheese & biscuits (9)* or yoghurt (9)* or pear sponge & custard (1, 7, 8, 9)*

Tuesday 14th December

Christmas lunch

Wednesday 15th December

Christmas lunch

Thursday 16th December

Meatballs in tomato sauce with penne pasta (1, 7)* or macaroni cheese (1, 9)*, both served with carrots & garden peas, or filled jacket potato with raw vegetables & salad

Sliced fruit or cheese & biscuits (9)* or fruit yoghurt (9)* or lemon & orange cupcake (1, 7)*

Friday 17th December

Fishcake (1, 4)* or homemade cheese & onion pasty (1, 9)*, both served chips, baked beans & mushy peas or filled jacket potato with raw vegetables & salad

Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)* or lemon mousse with shortbread (1, 9)*

Everyday - Fresh Baked Bread, Drinking Water, Jacket Toppings
These menus are subject to change and based upon availability of ingredients

* Allergen Key

1. Cereals containing gluten, 2. Crustaceans, 3. Molluscs, 4. Fish, 5. Peanuts, 6. Nuts, 7. Eggs, 8. Soybeans, 9. Milk, 10. Celery, 11. Mustard, 12. Lupin, 13. Sesame, 14. Sulphur dioxide