



Russell House

Monday 13th May

Beef Enchiladas with Rice (1, 9)* or Mixed Vegetable Enchilada with Rice (1, 9)*, both served with fresh broccoli and chef's salad s or jacket potato with raw vegetables & salad

Mixed Berry Cheesecake (1, 8, 9)* or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Tuesday 14th May

Chicken Pitta Pocket (1)* or Cheese and Onion Pinwheel (1, 9)*, both served with herby potatoes, garden peas and chef's salad or jacket potato with raw vegetables & salad

Raspberry Ripple Cupcake (1, 7)* or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Wednesday 15th May

Beef Meatballs in a Tomato Sauce with Spaghetti (1)* or Spinach, Sweet Potato and Lentil Curry with Rice (1)*, both served with sweetcorn and chef's salad or jacket potato with raw vegetables & salad

Tutti Frutti or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Thursday 16th May

Roast Gammon with Pineapple or Spring Vegetable Casserole with a Herby Crust (1)*, both served with roast potatoes, fresh carrots and green beans or jacket potato with raw vegetables & salad

Marble Sponge with Custard (1, 7, 9)* or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Friday 17th May

Chicken Nuggets with Katsu sauce (1, 10)* or Quorn Nuggets (1)*, both served chips, baked beans and chef's salad or filled jacket potato with raw vegetables & salad

Chocolate Krispie Cake (1, 9)* or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Everyday - Fresh Baked Bread, Drinking Water, Jacket Toppings

These menus are subject to change and based upon availability of ingredients

* Allergen Key

1. Cereals containing gluten, 2. Crustaceans, 3. Molluscs, 4. Fish, 5. Peanuts, 6. Nuts, 7. Eggs, 8. Soybeans, 9. Milk, 10. Celery, 11. Mustard, 12. Lupin, 13. Sesame, 14. Sulphur dioxide