



Russell House

Monday 2nd December

Spaghetti Bolognese with Garlic Bread (1, 8, 9)* or Mixed Bean and Vegetable Chilli with Rice, both served with fresh broccoli and chef's salad or jacket potato with raw vegetables & salad

Mixed Fruit Crumble with Custard (1, 9)* or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Tuesday 3rd December

Mexican Style Chicken in a Taco with Rice or Chunky Tomato Pasta (1)*, both served with sweetcorn and chef's salad or jacket potato with raw vegetables & salad

Strawberry Cupcake (1, 7)* or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Wednesday 4th December

Meat Feast Pizza (1, 8, 9)* or Cheese and Tomato Pizza (1, 8, 9)*, both served with cubed potatoes, baked beans and chef's salad or jacket potato with raw vegetables & salad

Tutti Frutti or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Thursday 5th December

Roast Beef with a Yorkshire Pudding (1, 7, 9)* or Local Kentish Vegetable Pie with a Shortcrust Topping (1)*, both served with roast potatoes, fresh carrots and green beans or jacket potato with raw vegetables & salad

Jam Sponge with Custard (1, 7, 9)* or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Friday 6th December

Breaded Fish (1, 4)* or Vegetable Nuggets (1)*, both served chips, garden peas and chef's salad or filled jacket potato with raw vegetables & salad

Mixed Fruit Cupcakes (1, 7)* or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Everyday - Fresh Baked Bread, Drinking Water, Jacket Toppings

These menus are subject to change and based upon availability of ingredients

* Allergen Key

1. Cereals containing gluten, 2. Crustaceans, 3. Molluscs, 4. Fish, 5. Peanuts, 6. Nuts, 7. Eggs, 8. Soybeans, 9. Milk, 10. Celery, 11. Mustard, 12. Lupin, 13. Sesame, 14. Sulphur dioxide