



Russell House

Monday 25th November

Chinese Style Chicken with Rice (8)* or Cheese and Tomato Pinwheel (1, 9)*, both served with sweetcorn and chef's salad or filled jacket potato with raw vegetables & salad

Mixed Fruit Sponge with Custard (1,7, 9)* or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Tuesday 26th November

Beef Pasta Bake (1, 8, 9)* or Cauliflower and Chickpea Curry with Rice (1)*, both served with green beans and chef's salad or filled jacket potato with raw vegetables & salad

Lemon Shortbread Finger with Fruit Wedges (1)* or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Wednesday 27th November

Pork Sausages with Mashed Potato and Gravy (1, 14)* or Vegetarian Sausages with Mashed Potato and Gravy (1)*, both served with fresh broccoli and chef's salad, or filled jacket potato with raw vegetables & salad

Tutti Frutti or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Thursday 28th November

Roast Gammon with Pineapple or Mushroom and Pepper Pesto Slice (1)*, both served with roast potatoes, fresh carrots and savoy cabbage or jacket potato with raw vegetables & salad

Raspberry Ripple Cake and Custard(1,7,9)* or Fresh sliced fruit or cheese & biscuits(9)* or yoghurt(9)*

Friday 29th November

Fish Fingers (1, 4)* or Vegetarian Burger in a Bun (1, 8, 13)*, both served with chips, baked beans & chef's salad or filled jacket potato with raw vegetables & salad

Vanilla Cookie (19)* or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Everyday - Fresh Baked Bread, Drinking Water, Jacket Toppings
These menus are subject to change and based upon availability of ingredients

* Allergen Key

1. Cereals containing gluten, 2. Crustaceans, 3. Molluscs, 4. Fish, 5. Peanuts, 6. Nuts, 7. Eggs, 8. Soybeans, 9. Milk, 10. Celery, 11. Mustard, 12. Lupin, 13. Sesame, 14. Sulphur dioxide