



## Russell House

### Monday 9th February

Mild Chicken Curry with Rice and Naan Bread (1)\* or Chicken Korma with Rice and Naan Bread (1)\*, both served with sweetcorn, peas and chef's salad or filled jacket potato with raw vegetables & salad

Caramelised Pear and Apple Cake with Custard (1, 7, 9)\* or Fresh Sliced fruit or cheese & biscuits (9)\* or yoghurt (9)\*

### Tuesday 10th February

Beef Nachos (9)\* or Mixed Bean Chilli in a Taco with Tomato Rice, both served with green beans, Mexican Salad bar (9)\*, chef's salad or filled jacket potato with raw vegetables & salad

Iced Carrot Cake (1, 7, 9)\* or Fresh sliced fruit or cheese & biscuits (9)\* or yoghurt (9)\*

### Wednesday 11th February

Homemade Sausage Roll (1, 8, 9)\* or Cheese, Potato and Leek Turnover, both served with fresh broccoli, herby potatoes and chef's salad or filled jacket potato with raw vegetables and salad

Tutti Frutti or Fresh sliced fruit or cheese & biscuits (9)\* or yoghurt (9)\*

### Thursday 12th February

Roast Turkey with Stuffing and Gravy (1)\* or Mixed Pepper Pasta (1)\* both served with roast potatoes, roasted vegetables and peas and chef's salad or jacket potato with raw vegetables & salad

Chocolate Sponge and Chocolate Sauce (1, 7, 9)\* or Fresh sliced fruit or cheese & biscuits (9)\* or yoghurt

### Friday 13th February

Fishfingers (1, 4)\* or Tomato Sauce served with Pasta Bows (1)\*, both served with chips, baked beans and chef's salad or filled jacket potato with raw vegetables & salad

Oaty Cherry (1, 14)\* or Fresh sliced fruit or cheese & biscuits (9)\* or yoghurt (9)\*

### Everyday - Fresh Baked Bread, Drinking Water, Jacket Toppings

**These menus are subject to change and based upon availability of ingredients**

\* Allergen Key

1. Cereals containing gluten, 2. Crustaceans, 3. Molluscs, 4. Fish, 5. Peanuts, 6. Nuts, 7. Eggs, 8. Soybeans, 9. Milk, 10. Celery, 11. Mustard, 12. Lupin, 13. Sesame, 14. Sulphur dioxide