



## Russell House

### Monday 19th January

Mild Chicken Curry with Rice and Naan Bread (1)\* or Chickpea Korma with Rice and Naan Bread (1)\*, both served with sweetcorn, peas and chef's salad or filled jacket potato with raw vegetables & salad

Caramelised Pear and Apple Cake with Custard (1, 7, 9)\* or Fresh sliced fruit or cheese & biscuits (9)\* or yoghurt (9)\*

### Tuesday 20th January

Beef Nachos (9)\* or Mixed Bean Chilli in a Taco with Tomato Rice, both served with green beans, mexican salad bar (9)\* and chef's salad or filled jacket potato with raw vegetables & salad

Iced Carrot Cake (1, 7, 9)\* or Fresh sliced fruit or cheese & biscuits (9)\* or yoghurt (9)\*

### Wednesday 21st January

Homemade Sausage Roll (1, 8, 9)\* or Cheese, Potato and Leek Turnover (1, 9)\*, both served with broccoli, herby potatoes and chef's salad, or filled jacket potato with raw vegetables & salad

Tutti Frutti or Fresh sliced fruit or cheese & biscuits (9)\* or yoghurt (9)\*

### Thursday 22nd January

Roast Turkey with Stuffing and Gravy (1)\* or Mixed Pepper Pasta (1)\*, both served with roast potatoes, roasted vegetables and peas, chef's salad or jacket potato with raw vegetables & salad

Chocolate Sponge with Chocolate Sauce (1, 7, 9)\* or Fresh sliced fruit or cheese & biscuits (9)\* or yoghurt (9)\*

### Friday 23rd January

Fish Fingers (1, 4)\* or Pesto Halloumi and Roasted Vegetables with Pitta Bread (1, 9)\*, both served with chips, baked beans and chef's salad or filled jacket potato with raw vegetables & salad

Oaty Cherry Cookie (1, 14)\* or Fresh sliced fruit or cheese & biscuits (9)\* or yoghurt (9)\*

**Everyday - Fresh Baked Bread, Drinking Water, Jacket Toppings**  
**These menus are subject to change and based upon availability of ingredients**

\* Allergen Key

1. Cereals containing gluten, 2. Crustaceans, 3. Molluscs, 4. Fish, 5. Peanuts, 6. Nuts, 7. Eggs, 8. Soybeans, 9. Milk, 10. Celery, 11. Mustard, 12. Lupin, 13. Sesame, 14. Sulphur dioxide