



## Russell House

### Monday 18 May

Beef Pasta Bolognese and Garlic Bread (1, 8)\* or Lentil and Bean Spaghetti Bolognese and Garlic Bread (1, 8)\*, both served with fresh broccoli and chef's salad or jacket potato with raw vegetables & salad

Banana Cake with Custard (1, 7, 9)\* or Fresh sliced fruit or cheese & biscuits (9)\* or yoghurt (9)\*

### Tuesday 19th May

Tomato Chicken Rice (10)\* or Pasta in a Rich Tomato Sauce and Peas (1)\*, both served with carrots and chef's salad or jacket potato with raw vegetables & salad

Strawberry Fool (9)\* or Fresh sliced fruit or cheese & biscuits (9)\* or yoghurt (9)\*

### Wednesday 20th May

Homemade Sausage Roll (1, 8, 9, 14)\* or Cheese, Potato and Leek Turnover (1, 9)\*, both served with broccoli, new potatoes and chef's salad or jacket potato with raw vegetables & salad

Tutti Frutti or Fresh sliced fruit or cheese & biscuits (9)\* or yoghurt (9)\*

### Thursday 21st May

Roast Beef with a Yorkshire Pudding and Gravy (1, 7, 9)\* or Pea, Sweet Potato and Roast Cherry Tomato Risotto (9)\*, both served with roast potatoes, spring cabbage and peas or jacket potato with raw vegetables & salad

Chocolate Sponge and Chocolate Sauce (1, 7, 9)\* or Fresh sliced fruit or cheese & biscuits (9)\* or yoghurt (9)\*

### Friday 22nd May

Fishfingers (1, 4)\* or Pesto Halloumi and Roasted Vegetables with Pitta Bread (1, 9)\*, both served with chips, baked beans and chef's salad or filled jacket potato with raw vegetables & salad

Oaty Cherry Cookie (1, 14)\* or Fresh sliced fruit or cheese & biscuits (9)\* or yoghurt (9)\*

### Everyday - Fresh Baked Bread, Drinking Water, Jacket Toppings

**These menus are subject to change and based upon availability of ingredients**

\* Allergen Key

1. Cereals containing gluten, 2. Crustaceans, 3. Molluscs, 4. Fish, 5. Peanuts, 6. Nuts, 7. Eggs, 8. Soybeans, 9. Milk, 10. Celery, 11. Mustard, 12. Lupin, 13. Sesame, 14. Sulphur dioxide