



Russell House

Monday 1st June

Mac 'n' Cheese and Garlic Bread, (1, 9, 11)* or Chickpea Korma with Rice and Naan Bread (1)*, both served with green beans and chef's salad, or filled jacket potato with raw vegetables and salad

Oaty Apple and Berry Crumble with Custard (1, 9)* or fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Tuesday 2nd June

Chicken Meatballs served in a Tomato Sauce (1)* or Mixed Pepper Pasta (1)*, both served with jacket wedges, garden peas and chef's salad, or filled jacket potato with raw vegetables and salad

Fresh Strawberry Jelly or fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Wednesday 3rd June

Beef Chilli or Quorn Chilli (8)* and Nachos, both served with savoury rice, broccoli and chef's salad, or filled jacket potato with raw vegetables and salad

Tutti Frutti or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Thursday 4th June

Roast Turkey with Stuffing and Gravy (1)* or Butternut Squash & Mixed Bean Turnover (1)*, both served with roast potatoes, fresh carrots and cabbage and chef's salad or jacket potato with raw vegetables and salad

Pineapple Upside Down Sponge (1, 7, 9)* or Fresh sliced fruit or cheese & biscuits(9)* or yoghurt(9)*

Friday 5th June

Breaded Fish (1, 4)* or Arrabiata Pasta Twirls (1)*, both served with chips, garden peas and chef's salad or filled jacket potato with raw vegetables & salad

Cherry Oaty Cookie (1, 14)* or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Everyday - Fresh Baked Bread, Drinking Water, Jacket Toppings
These menus are subject to change and based upon availability of ingredients

* Allergen Key

1. Cereals containing gluten, 2. Crustaceans, 3. Molluscs, 4. Fish, 5. Peanuts, 6. Nuts, 7. Eggs, 8. Soybeans, 9. Milk, 10. Celery, 11. Mustard, 12. Lupin, 13. Sesame, 14. Sulphur dioxide