



Russell House

Monday 15th June

Open Beef Burrito (1, 9)* or Mixed Bean Chilli Burrito (1, 10, 11)*, both served with carrots and chef's salad, or filled jacket potato with raw vegetables & salad

Tuesday 16th June

Homemade Sausage Roll (1, 14)* or Vegetarian Sausage Roll (1)*, both served with herby potatoes, baked beans and chef's salad or filled jacket potato with raw vegetables & salad

Peach Sponge (1, 7, 9)* or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Wednesday 17th June

Italian Meatballs with Spaghetti served with Focaccia (1, 8)* or Pasta Arrabbiata (1)*, both served with Italian oven-roasted vegetables and chef's salad, or filled jacket potato with raw vegetables & salad

Chocolate Mousse (9)* or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Thursday 18th May

Roast Gammon and Pineapple with Gravy or Cauliflower & Broccoli Cheese Yorkshire Pudding (1, 7, 9, 11)*, both served with roast potatoes, fresh carrots and broccoli, chef's salad or jacket potato with raw vegetables & salad

Homemade Scone Fresh Cream & Strawberries (1, 9)* or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Friday 19th June

Breaded Fish (1, 4)* or Quorn Dippers (1, 8)*, both served with chips, peas and chef's salad or filled jacket potato with raw vegetables & salad

Rice Krispie Cake (1, 9)* or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Everyday - Fresh Baked Bread, Drinking Water, Jacket Toppings

These menus are subject to change and based upon availability of ingredients

* Allergen Key

1. Cereals containing gluten, 2. Crustaceans, 3. Molluscs, 4. Fish, 5. Peanuts, 6. Nuts, 7. Eggs, 8. Soybeans, 9. Milk, 10. Celery, 11. Mustard, 12. Lupin, 13. Sesame, 14. Sulphur dioxide