



Russell House

Monday 22nd June

Mac 'n' Cheese & Garlic Bread (1, 9, 11)* or Chickpea Korma with rice and naan bread (1)*, both served with green beans and chef's salad or filled jacket potato with raw vegetables & salad

Oaty Apple & Berry Crumble with Custard (1, 9)* or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Tuesday 23rd June

Chicken Meatballs served in a Tomato Sauce (1)* or Vegetable Ragu Twirls (1)*, both served with jacket wedges, garden peas and chef's salad or filled jacket potato with raw vegetables & salad

Fresh Strawberry Jelly or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Wednesday 24th June

Beef Chilli & Nachos or Quorn Chilli & Nachos (8)*, both served with savoury rice, broccoli and chef's salad, or filled jacket potato with raw vegetables & salad

Tutti Frutti or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Thursday 25th June

Roast Turkey with Stuffing and Gravy (1)* or Butternut Squash & Mixed Bean Turnover (1)*, both served with roast potatoes, fresh carrots and cabbage or jacket potato with raw vegetables & salad

Pineapple Upside Down Sponge (1, 7, 9)* or Fresh sliced fruit or cheese & biscuits(9)* or yoghurt(9)*

Friday 26th June

Hot Dog in a Bun (1, 9, 14)* or Pesto Pasta (1, 9)*, both served with chips, garden peas & chef's salad or filled jacket potato with raw vegetables & salad

Cherry Oaty Cookie (1, 14)* or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Everyday - Fresh Baked Bread, Drinking Water, Jacket Toppings

These menus are subject to change and based upon availability of ingredients

* Allergen Key

1. Cereals containing gluten, 2. Crustaceans, 3. Molluscs, 4. Fish, 5. Peanuts, 6. Nuts, 7. Eggs, 8. Soybeans, 9. Milk, 10. Celery, 11. Mustard, 12. Lupin, 13. Sesame, 14. Sulphur dioxide