



Russell House

Monday 29th June

Mild Chicken Korma Curry with Rice and Naan Bread (1)* or Chunky Tomato Twirls (1)*, both served with fresh broccoli and chef's salad or jacket potato with raw vegetables & salad

Iced Carrot Cake (1, 7, 9)* or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Tuesday 20th June

Cheese and Tomato Pizza (1, 8, 9)* or Halloumi, Sweet Potato & Pepper Quesadilla (1, 9)*, both served with fresh carrots and chef's salad or jacket potato with raw vegetables & salad

Lemon Shortbread (8)* or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Wednesday 1st July

BBQ Chicken Wrap (1, 14)* or Roast Vegetable & Bean Wrap (1)*, both served with broccoli, herby new potatoes and chef's salad or jacket potato with raw vegetables & salad

Tutti Frutti or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Thursday 2nd July

Roast Gammon and Gravy (1, 7, 9)* or Roast Vegetable Quiche (1, 7, 9)*, both served with roast potatoes, spring cabbage and peas or jacket potato with raw vegetables & salad

Chocolate Sponge and Chocolate Sauce (1, 7, 9)* or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Friday 3rd July

Breaded Fish (1, 4)* or Falafel Burger in a Bun (19)*, both served with chips, baked beans and chef's salad or filled jacket potato with raw vegetables & salad

Strawberry Cup Cake (1, 7)* or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Everyday - Fresh Baked Bread, Drinking Water, Jacket Toppings

These menus are subject to change and based upon availability of ingredients

* Allergen Key

1. Cereals containing gluten, 2. Crustaceans, 3. Molluscs, 4. Fish, 5. Peanuts, 6. Nuts, 7. Eggs, 8. Soybeans, 9. Milk, 10. Celery, 11. Mustard, 12. Lupin, 13. Sesame, 14. Sulphur dioxide