



Russell House

Monday 5th October

Homemade Sausage Roll (1, 14)* or Macaroni Cheese (1, 9, 11)*, both served with herby new potatoes, baked beans and chef's salad or filled jacket potato with raw vegetables & salad

Apricot Sponge with Custard (1, 7, 9)* or Fresh Sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Tuesday 6th October

Beef Cottage Pie or Halloumi, Sweet Potato and Pepper served on Rice, both served with fresh carrots and chef's salad or filled jacket potato with raw vegetables & salad

Pineapple Upside Down Cake (1, 7, 9)* or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Wednesday 7th October

Cheese and Tomato Pizza (1, 8, 9)* or Mixed Pepper Pasta (1)*, both served with diced potatoes, fresh broccoli and chef's salad or filled jacket potato with raw vegetables and salad

Tutti Frutti or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Thursday 8th October

Roast Turkey with Stuffing and Gravy (1)* or Mixed Pepper Pasta (1)*, both served with roast potatoes, roasted root vegetables and fresh cabbage or jacket potato with raw vegetables & salad

Mixed Berry Mousse with Biscuit Crumb (1, 9)* or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt

Friday 9th October

Hot Dog in a Bun (1, 4)* or Sweet Potato and Chickpea Patty Wrap (1)*, both served with chips, garden peas or chef's salad or filled jacket potato with raw vegetables & salad

Chocolate Brownie (1, 7, 9)* or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Everyday - Fresh Baked Bread, Drinking Water, Jacket Toppings

These menus are subject to change and based upon availability of ingredients

* Allergen Key

1. Cereals containing gluten, 2. Crustaceans, 3. Molluscs, 4. Fish, 5. Peanuts, 6. Nuts, 7. Eggs, 8. Soybeans, 9. Milk, 10. Celery, 11. Mustard, 12. Lupin, 13. Sesame, 14. Sulphur dioxide