



Russell House

Monday 7th September

Beef Lasagne with Garlic and Herb Bread (1, 7, 9, 11)* or Macaroni Cheese (1, 9, 11)*, both served with fresh broccoli and chef's salad or filled jacket potato with raw vegetables & salad

Cherry Oat Cookie (1, 13)* or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Tuesday 8th September

Homemade Sausage Roll (1, 14)* or Roasted Vegetable Pasta Bows (1)*, both served with herby potatoes, baked beans chef's salad or filled jacket potato with raw vegetables & salad

Mixed Berry Eton Mess (7, 9)* or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Wednesday 9th September

Chicken Fajita Wrap (1, 11)* or Vegetable and Bean Wrap (1, 11)*, both served with Mexican rice, sweetcorn and chef's salad, or filled jacket potato with raw vegetables & salad

Tutti Frutti or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Thursday 10th September

Roast Beef with a Yorkshire Pudding and Gravy (1, 7, 9)* or Tomato and Basil Pasta, both served with roast potatoes, fresh carrots and cabbage or jacket potato with raw vegetables & salad

Chocolate Sponge and Chocolate Sauce (1, 7, 9)* or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Friday 11th September

Fish Fingers (1, 4)* or Mixed Vegetable Ragu Twirls (1)*, both served with chips, peas, baked beans and chef's salad or filled jacket potato with raw vegetables & salad

Banana Cake (1, 7)* or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Everyday - Fresh Baked Bread, Drinking Water, Jacket Toppings
These menus are subject to change and based upon availability of ingredients

* Allergen Key

1. Cereals containing gluten, 2. Crustaceans, 3. Molluscs, 4. Fish, 5. Peanuts, 6. Nuts, 7. Eggs, 8. Soybeans, 9. Milk, 10. Celery, 11. Mustard, 12. Lupin, 13. Sesame, 14. Sulphur dioxide