Russell House

Monday 16th November

Beef Spaghetti Bolognese (1)* or Vegetable Spaghetti Bolognese (1)*, both served with garlic bread (1, 8)*, sweetcorn and chef's salad or filled jacket potato with raw vegetables & salad

Chocolate Pudding and Chocolate Sauce (1, 7, 9)* or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Tuesday 17th November

Vegetable and Mixed Bean Wrap (1)* or Chicken Fajitas with Wraps (1, 11)*, both served with rice, fresh broccoli and chef's salad or filled jacket potato with raw vegetables & salad

Berry Sponge (1, 7, 9)* or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Wednesday 18th November

Lamb Shepherd's Pie (1, 9)* or Macaroni Cheese (1, 9, 11)*, both served with rice and homemade coleslaw and chef's salad, or filled jacket potato with raw vegetables & salad

Tutti Frutti or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Thursday 19th November

Roast Turkey, Stuffing and Gravy (1, 7, 9)* or Homemade Pesto Pasta Bows (1)*, both served with roast potatoes, fresh carrots and cabbage or jacket potato with raw vegetables & salad

Oaty Apple Crumble and Custard (1, 9)* or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Friday 20th November

Fish Fingers (1, 4)* or Quorn Dippers (1)*, both served with chips, garden peas, baked beans and chef's salad or filled jacket potato with raw vegetables & salad

CupCakes (1, 7)* or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Everyday - Fresh Baked Bread, Drinking Water, Jacket Toppings

These menus are subject to change and based upon availability of ingredients

* Allergen Key

1. Cereals containing gluten, 2. Crustaceans, 3. Molluscs, 4. Fish, 5. Peanuts, 6. Nuts, 7. Eggs, 8. Soybeans, 9. Milk, 10. Celery, 11. Mustard, 12. Lupin, 13. Sesame, 14. Sulphur dioxide