



Russell House

Monday 7th January

Inset Day

Tuesday 8th January

Organic spaghetti bolognese with garlic bread (1, 7, 8, 9)* or Italian bean stew with new potatoes (10)*, both served with butternut squash and peas, or filled jacket potato with raw vegetables & salad

Sliced fruit or cheese & biscuits (9)* or fruit yoghurt (9)* or Tutti Frutti Tuesday

Wednesday 9th January

Homemade sausage roll (1, 8)* or Spring vegetable roll (1)*, both served with warm potato salad, broccoli and smokey beans, or filled jacket potato with raw vegetables & salad

Sliced fruit or cheese & biscuits (9)* or fruit yoghurt (9)* or mousse & lemon shortbread finger (1, 9)*

Thursday 10th January

Roast chicken & stuffing balls (1, 7, 8, 9)* or cheese, leek & potato pie (1, 7, 9)*, both served with crispy roast potatoes, carrots and parsnips or jacket potato with raw vegetables & salad

Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)* or banana loaf & chocolate sauce (1, 7, 8, 9)*

Friday 11th January

Cod fish fingers (1, 4)* or fresh pesto pasta (1, 9)*, both served chips, baked beans & mushy peas or filled jacket potato with raw vegetables & salad

Fresh sliced fruit or cheese & biscuits (9)* or fruit yoghurt (9)* or oat cookie (1)*

Everyday - Fresh Baked Bread, Drinking Water, Jacket Toppings
These menus are subject to change and based upon availability of ingredients

* Allergen Key

1. Cereals containing gluten, 2. Crustaceans, 3. Molluscs, 4. Fish, 5. Peanuts, 6. Nuts, 7. Eggs, 8. Soybeans, 9. Milk, 10. Celery, 11. Mustard, 12. Lupin, 13. Sesame, 14. Sulphur dioxide