



Russell House

Monday 14th January

Chinese style chicken with rice and prawn crackers (4, 8)* or butternut squash and chickpea tagine with cous cous (10)* both served with stir fry vegetables and green beans or jacket potato with raw vegetables & salad

Sliced fruit or cheese & biscuits (9)* or yoghurt (9)* or St Clements sponge & custard (1, 7, 8, 9)*

Tuesday 15th January

BBQ Meat feast pizza (1, 7, 9)* or cheese & tomato pizza (1, 7, 9)*, both served with herby potatoes, carrots and peas, or filled jacket potato with raw vegetables & salad

Fresh sliced fruit or cheese & biscuits (9)* or fruit yoghurt (9)* or Tutti Frutti Tuesday

Wednesday 16th January

Crunchy chicken goujons (1, 7, 9)* or cheese & onion pinwheel (1, 9)*, both served with potato wedges, tomato salsa and sweetcorn, or filled jacket potato with raw vegetables & salad

Sliced fruit or cheese & biscuits (9)* or fruit yoghurt (9)* or fruit fool with crunchy topping (1, 8, 9)*

Thursday 17th January

British roast gammon or pesto pasta shells (1)*, both served with crispy roast potatoes, cauliflower & broccoli or jacket potato with raw vegetables & salad

Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)* or jam sponge & custard (1, 7, 8, 9)*

Friday 18th January

Chicken nuggets (1, 9)* or carrot & chickpea burger (1, 13)*, both served chips, baked beans and braised onions or filled jacket potato with raw vegetables & salad

Fresh sliced fruit or cheese & biscuits (9)* or fruit yoghurt (9)* or chocolate & ginger flapjack (1)

Everyday - Fresh Baked Bread, Drinking Water, Jacket Toppings
These menus are subject to change and based upon availability of ingredients

* Allergen Key

1. Cereals containing gluten, 2. Crustaceans, 3. Molluscs, 4. Fish, 5. Peanuts, 6. Nuts, 7. Eggs, 8. Soybeans, 9. Milk, 10. Celery, 11. Mustard, 12. Lupin, 13. Sesame, 14. Sulphur dioxide