



Russell House

Monday 4th March

Chinese style chicken with rice and prawn crackers (4, 8)* or butternut squash and chickpea tagine with cous cous (10)* both served with stir fry vegetables and green beans or jacket potato with raw vegetables & salad

Sliced fruit or cheese & biscuits (9)* or yoghurt (9)* or St Clements sponge & custard (1, 7, 8, 9)*

Tuesday 5th March

BBQ Meat feast pizza (1, 7, 9)* or cheese & tomato pizza (1, 7, 9)*, both served with herby potatoes, carrots and peas, or filled jacket potato with raw vegetables & salad

Fresh sliced fruit or cheese & biscuits (9)* or fruit yoghurt (9)* or Tutti Frutti Tuesday

Wednesday 6th March

Sausage in a bun (1, 8)* or cheese & onion pinwheel (1, 9)*, both served with potato wedges, tomato salsa and sweetcorn, or filled jacket potato with raw vegetables & salad

Sliced fruit or cheese & biscuits (9)* or fruit yoghurt (9)* or ginger flapjack (1)*

Thursday 7th March

British roast gammon or pesto pasta shells (1)*, both served with crispy roast potatoes, cauliflower & broccoli or jacket potato with raw vegetables & salad

Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)* or jam sponge & custard (1, 7, 8, 9)*

Friday 8th March

Crunchy chicken goujons (1, 7, 9)* or carrot & chickpea burger (1, 13)*, both served chips, baked beans and fruity slaw or filled jacket potato with raw vegetables & salad

Fresh sliced fruit or cheese & biscuits (9)* or fruit yoghurt (9)* or fruit fool & crunchy topping (1, 8, 9)

Everyday - Fresh Baked Bread, Drinking Water, Jacket Toppings
These menus are subject to change and based upon availability of ingredients

* Allergen Key

1. Cereals containing gluten, 2. Crustaceans, 3. Molluscs, 4. Fish, 5. Peanuts, 6. Nuts, 7. Eggs, 8. Soybeans, 9. Milk, 10. Celery, 11. Mustard, 12. Lupin, 13. Sesame, 14. Sulphur dioxide