



## **Russell House**

### **Monday 9th December**

Mild beef curry with rice and poppadoms (1) or tomato & basil pasta twirls (1)\* both served with Vegetable bhaji and carrots or jacket potato with raw vegetables & salad

Sliced fruit or cheese & biscuits (9)\* or yoghurt (9)\* or pear sponge & custard (1, 7, 8, 9)\*

### **Tuesday 10th December**

Southern coated chicken (1, 9)\* or stir fry vegetables in a pitta (1, 9)\*, both served with herby potatoes, fruity slaw and peas, or filled jacket potato with vegetables & salad

Fresh sliced fruit or cheese & biscuits (9)\* or fruit yoghurt (9)\* or Tutti Frutti Tuesday

### **Wednesday 11th December**

Christmas Lunch

### **Thursday 12th December**

Christmas Lunch

### **Friday 13th December**

Fishcake (1, 4)\* or homemade cheese & onion pasty (1, 9)\*, both served chips, baked beans & mushy peas or filled jacket potato with raw vegetables & salad

Fresh sliced fruit or cheese & biscuits (9)\* or yoghurt (9)\* or lemon mousse with shortbread (1, 9)\*

**Everyday - Fresh Baked Bread, Drinking Water, Jacket Toppings**  
**These menus are subject to change and based upon availability of ingredients**

\* Allergen Key

1. Cereals containing gluten, 2. Crustaceans, 3. Molluscs, 4. Fish, 5. Peanuts, 6. Nuts, 7. Eggs, 8. Soybeans, 9. Milk, 10. Celery, 11. Mustard, 12. Lupin, 13. Sesame, 14. Sulphur dioxide