



Russell House

Monday 25th November

Organic pasta bolognese bake (1, 9)* or roasted vegetable risotto (10), both served with chef's salad & green beans or filled jacket potato with raw vegetables & salad

Sliced fruit or cheese & biscuits (9)* or yoghurt (9)* or treacle tart with custard (1, 7, 8, 9)*

Tuesday 26th November

Homemade sausage pinwheel (1, 8)* or vegetarian sausage roll (1, 7, 9)*, both served with herby potato, broccoli & baked beans or filled jacket potato with raw vegetables & salad

Fresh sliced fruit or cheese & biscuits (9)* or fruit yoghurt (9)* or Tutti Frutti Tuesday

Wednesday 27th November

Tex Mex chicken taco or refried bean quesadillas (1, 9)*, both served with Mexican tomato rice, mixed salad & sweetcorn or filled jacket potato with raw vegetables and salad

Sliced fruit or cheese & biscuits (9)* or fruit yoghurt (9)* or chocolate brownies (1, 7)*

Thursday 28th November

Roast beef with Yorkshire pudding (1, 7, 9)* or arrabiata pasta (1)*, both served with roast potatoes, Savoy cabbage & carrots or filled jacket potato with raw vegetables & salad

Fresh sliced fruit or cheese & biscuits (9)* or fruity yoghurt (9)* or pineapple upside down sponge & custard (1, 7, 8, 9)*

Friday 29th November

Fish fingers (1, 4)* or mixed bean & rice burrito (1)* both served with chips, peas and fruity slaw or filled jacket potato with raw vegetables & salad

Sliced fruit or cheese & biscuits (9)* or fruit yoghurt (9)* or carrot cake with orange frosting (1, 7)

Everyday - Fresh Baked Bread, Drinking Water, Jacket Toppings

These menus are subject to change and based upon availability of ingredients

* Allergen Key

1. Cereals containing gluten, 2. Crustaceans, 3. Molluscs, 4. Fish, 5. Peanuts, 6. Nuts, 7. Eggs, 8. Soybeans, 9. Milk, 10. Celery, 11. Mustard, 12. Lupin, 13. Sesame, 14. Sulphur dioxide